Subject: Februrary PSAP Pulse

Attachments:

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| **Hello from the GTAC:** |
| Hi everyone,  I hope you are staying warm this February! Welcome to this month’s edition of the PSAP Pulse! In this issue, we’re sharing the latest resources, upcoming events, and evidence-based strategies to support your work in mental health, substance use, and aging care for older adults. Let’s continue advancing accessibility of aging in place in our communities!  As always, we have relevant resources and upcoming events below. If you have a testimonial or resource that you would like to share, please send it to me by email at [gmorton@nyam.org](mailto:gmorton@nyam.org). |
| **Staff Highlight: Meet the Evaluation Team!** |
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| **Evaluation and Data Corner** |
| Email Monroe with any questions at [Monroe.marshall3@omh.ny.gov](mailto:Monroe.marshall3@omh.ny.gov). |
| **New and Recent Resources** |
| **Tuesday, February 18, 2025 1pm – 2pm ET**  **Social Isolation, Loneliness and Trauma in the Aging Community: Understanding Impacts and Challenges**  Participants will explore the distinctions and intersections between social isolation and loneliness, understand the profound impacts of trauma on older adults, and examine the emotional toll on family caregivers. Additionally, the session will address mental health considerations for older adults and the professionals who work alongside them.  Click [here](https://nf.asaging.org/eweb/DynamicPage.aspx?webcode=EventInfo&Reg_evt_key=b5a9e04e-2ec9-49dd-a90a-2106932d5fbb&RegPath=EventRegFees&FreeEvent=0&Event=Social%20Isolation,%20Loneliness%20and%20Trauma%20in%20the%20Aging%20Community:%20Understanding%20Impacts%20and%20Challenges&FundraisingEvent=0&evt_guest_limit=0) to register. |
| **NOW AVAILABLE! New Documentation Resources for Peer Support Service Delivery**  ***CTAC/MCTAC in partnership with PeerTAC is excited to announce the creation of additional documentation resources for Peer Support Service Delivery.***  Documentation is not an inherent skill - it must be learned and practiced. Whether you are a Credentialed Family Peer Advocate, Credentialed Youth Peer Advocate or a Certified Adult Peer Specialist providing services in a mental health service setting, it is essential to understand the regulatory and organizational requirements that support service provision. Documentation is a key aspect of quality service provision and captures an accurate record of the work you do.  ***Documentation Done Right Part 4: Additional Resources for Peer Support Service Delivery*** are several new resources intended to help Peer Advocates/Specialists write documentation that is respectful, reflects their role as Peer Advocates/Specialists, and meets billing requirements for peer support services in mental health service settings.  Click [here](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.ctacny.org%2Ftrainings%2Fdocumentation-done-right-part-4%2F&data=05%7C02%7Cgmorton%40nyam.org%7C0a4d246403fe4314b26208dd4476160c%7Cc66df947c1334c80bf2914d786853e9c%7C0%7C0%7C638741996188425214%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=wKY%2Bj6YmTb9HOvWV%2FOEucO0OqNT4w1A%2BB0tntmaOIpA%3D&reserved=0) to access.  For additional resources in documentation, we recommend you explore the [Documentation Done Right Workbook Series](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnyumcsilverinstitute.cmail19.com%2Ft%2Fi-l-fjiiin-thjutlhuul-y%2F&data=05%7C02%7Cgmorton%40nyam.org%7C0a4d246403fe4314b26208dd4476160c%7Cc66df947c1334c80bf2914d786853e9c%7C0%7C0%7C638741996188442357%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=6T%2Bm8MxAoeNMdBUm%2BGbZwf5Q1%2FvpWnvG1kHlxbgLLL4%3D&reserved=0). These workbooks provide an orientation to all the fundamentals of documentation with opportunities to practice a variety of skills. |
| **Organizational Culture to Advance Peer Support Services (Peertac)**  Participants enhanced their understanding of peer support services by identifying opportunities for the successful inclusion of peer support services within their organizations. The Presenter highlighted areas for consideration when preparing your organization for the implementation of peer support services, as well as provided information to identify areas for improvement in support of organizational change.  Click [here](https://peertac.org/resources/webinar-2-organizational-culture-to-advance-peer-support-services/) to watch the webinar recording.  Click [here](https://peertac.org/wp-content/uploads/2024/11/Peer-TAC-presentation-on-organizational-culture-standards-of-the-OSA-FINAL-11-5-2024.pptx.pdf) to download slides. |
| **Tools to Help Older Adults Recover from Disasters (National Council on Aging)**  Older adults face special challenges when preparing for or recovering from disasters. Use our resources to connect people in your community with food, housing, and health care benefits after one strikes.  Click [here](https://www.ncoa.org/article/post-disaster-resources-seniors/) to access the disaster resource hub. |
| **The New York State Health Insurance Information Counseling and Assistance Program (HIICAP)**  *Connect your clients with free and accurate support to understand and utilize their Medicare benefits*  Approximately 500 trained HIICAP counselors located in local offices for the aging across the state are available to answer New Yorkers’ questions about Medicare, Medicare Advantage programs (managed care), Medicare prescription drug coverage, Medigap, and other health and long-term care insurance.  **Counseling is also available through a toll-free HIICAP helpline at 1-800-701-0501**. Callers will be prompted to state the county in which they need help and will then be routed to their local HIICAP program to speak with a trained counselor. In most cases, this local program will be the area agency on aging (AAA). There are some AAAs that subcontract the HIICAP program to community agencies so the calls will be sent directly to them.  Call Toll-Free: [1-800-701-0501](tel:18007010501)  Monday - Friday, 8:30am to 5:00pm ET |
| **Get Connected: Linking Older Adults with Resources on Medication, Alcohol, and Mental Health**  Designed for organizations that provide services to older adults, this toolkit offers information and materials to help in understanding the issues associated with substance misuse and mental illness in older adults. The toolkit also contains materials to educate older adults.  Click [here](https://library.samhsa.gov/product/get-connected-linking-older-adults-resources-medication-alcohol-and-mental-health/sma03-3824) to read. |
| **Upcoming Conferences** |
| **8th Annual Older Adult Mental Health Awareness Day Symposium**  **Date**: May 1, 2025  **Format**: Virtual  Hosted by the National Council on Aging (NCOA) with funding from the U.S. Administration for Community Living (ACL), the Health Resources and Services Administration (HRSA), and the Substance Abuse and Mental Health Services Administration (SAMHSA), this free event aims to raise awareness and address issues related to older adult mental health and substance use disorders. It features resources, case studies, and initiatives for practitioners working with adults aged 50 and above.  Click [here](https://na.eventscloud.com/eSites/816180/Call%20for%20Presentations?) to register. |