ATTACHMENTS:

* Staff Photo: Matt from MIST
* NYCAging Do More Feel Better Training flyer
* APS Flyer

SUBJECT: PSAP Monthly Newsletter

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| **Hello from the GTAC!** |
| I hope you all were able to rest and recharge over the holiday weekend. As we enter the fall season, we have so much to look forward to throughout the PSAP Program! If you have any questions or something to include in next month’s newsletter, please email me at [gmorton@nyam.org](mailto:gmorton@nyam.org). |
| **Staffing Updates:** |
| MIST agreed to include their staff member, Matt in this newsletter. Waiting on his bio and photo. Reminder email sent this morning  As a backup, I sent an email to Krystal from SAIL this afternoon asking for photos and bios for her and her peer to share for either this month or next month. Whoever responds first will be included! |
| **GTAC Events This Week:** |
| Reminder: Affinity Groups begin this week! Project Directors, Managers, and Peers will be meeting this week on Wednesday or Thursday. This is an opportunity for projects to share lessons learned and problem solve together.  Contact [gmorton@nyam.org](mailto:gmorton@nyam.org) for more information |
| **Upcoming Events:** |
| **Train the Trainer: Do More Feel Better**  When: Friday, September 22nd from 11:00am - 2:30pm ET AND Wednesday, September 27th from 11:00am - 2:30pm ET  *Please note that we need you to attend both days of the* *training*.  Do More Feel Better is a wellness project for older adults delivered by Weill Cornell Institute for Geriatric Psychiatry. The project is structured to help older adults to re-engage and combat depression and other feelings that interfere with enjoying life. Once you are trained you will then train peers or social work interns on the intervention. Please see the attached article for more information!  Dr. Pat Raue will send out a zoom link and materials to review before the first day of the training. Dr. Raue and Jackie Berman (NYC Aging) will be available for coaching calls as you walk through the process.  *If you or anyone else from your project, are interested in participating, please email Jackie Berman (*[*JBerman@aging.nyc.org*](mailto:JBerman@aging.nyc.org) *) with the names of those who will be attending the training, organization, phone number, and email address.* |
| **Peer Resources** |
| **Rutgers & Academy of Peer Services (APS): Train-the-Trainer Peer Specialty Track**  The Academy of Peer Services (APS) and Rutgers University are offering a Train-the-Trainer opportunity for programs that would like to host an in-person training focused on Peer Certification specialty tracks, including an Older Adults specialty track.  APS is a self-directed training platform funded by the OMH Office of Advocacy and Peer Support Services to provide multimedia courses leading to certification as a NYS mental health peer specialist.  Please see the attached flyer for more information and [visit this link to register](https://rutgers.ca1.qualtrics.com/jfe/form/SV_eypDjyJqs0cmwQu)  Any questions about the virtual Train-the-Trainer session and the online specialty track modules should be directed to Matthew McDonald [mm3469@shp.rutgers.edu](mailto:mm3469@shp.rutgers.edu). |
| **Additional Resources:** |
| **E4 Center Learning Community Recorded Webinars**   |  | | --- | | Most Recent: [Practicing Anti-Ageism](http://e4center.org/calendar)  Describing what ageism is, where it happens, and why it matters, but the focus will be on deepening our understanding of how we all experience and perpetuate ageism. Discussing strategies that can be used to actively address ageism, especially in our professional settings.  More from the E4 Center Learning Community: Check out recent webinars.   * [Considerations for Peer Supporters Working with Older Adults](https://e4center.org/considerations-for-peer-supporters-working-with-older-adults/) * [Valued Social Roles in Older Adults with Serious Mental Illness](https://e4center.org/valued-social-roles-in-older-adults-with-serious-mental-illness/) * [Depression in Older Adults: Clinical Characteristics and Innovative Psychosocial Strategies](https://e4center.org/depression-in-older-adults-clinical-characteristics-and-innovative-psychosocial-strategies/) | |  |   **Two New Grant-Funded Resources for Your Home Care, Hospice, and MLTC Patients**  The Home Care Association (HCA) in partnership with VSC and Selfhelp are launching two pilot initiatives to support:   1. Health Literacy in the home care, hospice, MLTC/managed care population 2. Homebound Veterans with virtual peer/education/self-care/social support.   *Visit* [*this link*](https://hca-nys.org/tap-two-new-grant-funded-services-for-your-home-care-hospice-mltc-patients/) *for more information and enrollment* |
| **Aging Plus: Addressing Layers of Complexity in an Older Person**  Mental Health Agency Partner Highlight! SPOP is the MHAP for STRIVE!  Presentation from Service Program for Older People (SPOP) CEO, Nancy Harvey at 2023 SNF Nostos Conference in Greece  [Click to here to watch a brief video](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fspop.us5.list-manage.com%2Ftrack%2Fclick%3Fu%3Dbfece6a5fccfa89a21d3fcca0%26id%3Da0e262489e%26e%3Dc71400db92&data=05%7C01%7Cgmorton%40nyam.org%7C17493c2b055746892be808db975fe684%7Cc66df947c1334c80bf2914d786853e9c%7C0%7C0%7C638270210376395555%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Ij2z00iuBP8%2FRwVJu9U4GYK6YCyTI%2BW7w9V0w8QEmBw%3D&reserved=0) of SPOP CEO, Nancy Harvey, speaking at the **2023 SNF Nostos Conference** |
| Thanks, and have a great week! |