



FCA Senior Services LINK-AGE PROGRAM

A Bridge to Relief for Seniors.

The Link-Age Program Helps Adults 55+ Residing in Nassau County

Do you feel alone and unsure of who to go to for help? Have you been staying home and avoiding others? Are you depending on alcohol or medication to get you through the day? Would you like help learning to use technology to enhance your quality of life?

The Link-Age Program focuses on the mind-body connection, providing supportive counseling and care management services to address mental and physical health concerns.

The Link-Age Program

- **Social Workers, a Registered Nurse, and a Peer Specialist on staff**
- **Telehealth and in-home visits to evaluate and assess needs comprehensively and confidentially**
- **Connect individuals to community services that allow them to remain safely in their home**
- **Develop an individualized care plan and address any barriers to accessing care**

Case management services are free to Nassau County residents and counseling services will be billed to insurance; program accepts most Medicare, Medicaid, and private insurance.



Office for
the Aging



**Here for Long Island.
Here for you.**

The Link-Age Program is made possible with funding from the New York State Office of Mental Health and represents a partnership between FCA, CNG, and the Nassau County Office for the Aging (OFA)