

SUCCESSFUL AGING FOR INCREASING/IMPROVING LONGEVITY (SAIL) PROGRAM

Are you 55+?

Jamaica Hospital Medical Center is partnering with Flushing Hospital Medical Center and the NYC Department for the Aging in an Office of Mental Health sponsored program to support your independence, health, and quality of life. Come meet with us for a free and comprehensive evaluation of your needs!

OUR SERVICES

- MENTAL HEALTH COUNSELING
- PEER SUPPORT SERVICES
- PSYCHOEDUCATIONAL PRESENTATIONS FITBIT PROGRAM
- SUBSTANCE USE SERVICES
- HELP MAINTAIN INDEPENDENCE
- PROVIDE DURABLE MEDICAL EQUIPMENT (IE. WALKERS, GLUCOSE MONITORS, BLOOD PRESSURE MONITORS)
- WELLNESS CHECKS
- ADVOCACY SERVICES



CONTACT INFO

Please call to schedule an evaluation:
718-206-6904 or email
Aginginplace@jhmc.org

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