



For more information, call 1-800-603-OHEL (6435) or Donna Gendelberg: 718-686-3237.

Life is Challenging.

Feeling alone, sad, or anxious?

**We are here to help adults
55 and older who live in the
Far Rockaway Peninsula**



Services Available Include:

- Home visiting for assessment of needed care and benefits
- Help securing benefits and entitlements
- Referrals to aging services
- Coordination of care for substance use
- Counseling services

Services are provided at no cost for eligible participants.



NYC Aging