

What is STRIVE?

Support: Assessing individuals and linking them to services in the community

Treatment: Connecting people with services that promote their emotional wellness

Recovery: Teaching people skills that foster their autonomy

Independence: Helping older adults continue living in their homes and their communities

Voice: Ensuring that older adults can empower themselves to make their own decisions

Education: Providing information to clients, providers, and organizations

We offer:

- Social work services
- Peer services and support
- Community based assessment and linkage
- Community outreach to clients
- Outreach and education to combat ageism and increase inclusion
- Coaching on visits/appointments to promote independence
- Short term follow-up
- Skills training to promote recovery, independence and voice

STRIVE is a partnership among SPOP (Service Program for Older People), Metropolitan Center for Mental Health, and New York City Aging whose purpose is to promote wellness among older adults and support aging in the community.



STRIVE Mission

Are you looking for more support to promote your wellness and help you age well? The STRIVE program is a recovery-oriented approach to provide behavioral health treatment, and to coordinate services and supports for older adults.

Contact STRIVE

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