





STRIVE Virtual Town Hall

January 23, 2025 at 12:00pm

Dental Health

Join us for a presentation from Columbia College of Dental Medicine

When: Thursday, January 23rd at 12:00pm

Where: Zoom



Click here to Join!
Passcode: 155383

January is National Mentoring Month

Have you ever thought about volunteering as a mentor? Mentorship programs offer an opportunity to share your talents, connect with others, combat agism, and contribute to your community.

For volunteer opportunities through NYC Aging, click <u>here</u> or call Aging Connect at 212-244-6469



STRIVE Mission

Are you looking for more support to promote your wellness and help you age well? The STRIVE program is a recovery-oriented approach to provide behavioral health treatment, and to coordinate services and supports for older adults.

Contact STRIVE

Caitlin Downing, LMSW STRIVE Social Worker 212-787-7120 x128

Service Program for Older People 302 W 91st Street New York NY 10024

Aging Connect

212-244-6469

STRIVE is funded by the New York State Office of Mental Health