

Join our Peer Support Circle!

WHAT: A free, drop-in group for STRIVE participants (attend in person or virtually via zoom)

WHERE: SPOP Clinic - 302 W 91st Street, 2nd Floor, NYC 10024

Or via zoom link: [CLICK HERE](#)
Meeting ID: 881 5110 9340
Passcode: 804737

WHEN: 2nd and 4th Thursdays of each month, 2pm - 3pm

What is **Peer Support** about?

It's self help or mutual aid; peers share lived experience, helping each other in recovery.

Our support is confidential - what's said in group stays in group. Please note that peer facilitators are not clinicians or therapists.

WE'RE IN THIS TOGETHER!

STRIVE is a partnership among SPOP (Service Program for Older People), Metropolitan Center for Mental Health, and New York City Aging whose purpose is to promote wellness among older adults and support aging in the community.



STRIVE Mission

Are you looking for more support to promote your wellness and help you age well? The STRIVE program is a recovery-oriented approach to provide behavioral health treatment, and to coordinate services and supports for older adults.

Contact STRIVE

Caitlin Downing, LMSW
STRIVE Social Worker
212-787-7120 x128

Service Program for Older People
302 W 91st Street
New York NY 10024

Aging Connect

212-244-6469

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